

Which am I?
AP Psychology
Therapies

Choose 1 of the following for each of the examples:

- a) Counseling Psychologist
- b) Clinical Psychologist
- c) Psychiatrist
- d) Psychoanalyst
- e) Psychiatric Nurse Practitioner
- f) Clinical or Psychiatric Social Worker
- g) Pastoral Counselor

Which am I?

1. _____ I have a Medical Degree, which allows me to see patients, counsel them, and prescribe them medication as needed.
2. _____ I am a Deacon who, with the help of God, counsels patients.
3. _____ I hold a PhD in psychology. I generally counsel patients admitted for severe psychological symptoms.
4. _____ I am not a doctor, but I can see patients and prescribe them medication.
5. _____ I counsel families who are having trouble coping with daily issues.
6. _____ I counsel clients to find employment appropriate to their disorder.
7. _____ I tend to work in hospitals or institutions, but cannot prescribe medications.
8. _____ I am assigned to families, in which one or more parent suffers from a mental disorder. I help them to create the best possible environment for their family, despite their illness.
9. _____ I have a Medical Degree. The basic theory of my treatment is Freudian in nature.
10. _____ I counsel patients who need help moving past troubled relationships and divorce.

Who should I see?

11. _____ I am struggling with the stressors of my responsibilities as a wife, mother, and professional.
12. _____ I fear that I am depressed and am will to try anti-depressants to help me cope.
13. _____ I am having trouble coming to terms with the loss of a loved one. I would like to explore my feelings by incorporating my faith in God.
14. _____ I feel an emptiness that I believe stems from a repressed event from early childhood.
15. _____ I suffer from schizophrenia and would like help finding an appropriate career path.